



July 2020

Activity Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
			Exercise Dominos Party with Vanessa One to one	Knitting club Exercise class Home baking Squash & chat Dance hour	Exercise class Wordsearches Pub & quiz Higher & lower 	exercise Parachute games Reminiscing game Sing along
5	6	7	8	9	10	11
Sunday papers Movie & Chill Poem read & write Hand massages One to one	Exercise Jigsaws Boardgame social Ice cream cart Dance hour	Exercise Allotment management Residents meeting Bingo	Exercise Fun facts Arts and crafts Squash and chat Walking club	Knitting club Exercise Whiteboard games Guess the tune	Exercise One to one Flower arranging skittles	Exercise News catchup Balloon tennis Relaxing coloring Dance hour
12	13	14	15	16	17	18
Sunday papers Movie & Chill Poem read & write Hand massages One to one	Exercise Domino Baking (fairy cakes) Sing along	Exercise One to one Afternoon tea dance party Allotment management	Exercise Crosswords Bingo Play your cards right Walking club	Knitting club Exercise Boardgame social Quiz and a pint	Exercise Coffee on prom Party in Tatton with Vanessa	Exercise One to one Fun Facts Balloon tennis Sing along
19	20	21	22	23	24	25
Sunday papers Movie & Chill Poem read & write Hand massages One to one	Exercise Jigsaws Pizza making skittles Dance hour	Exercise Dominos Parachute games Guess that tune	Exercise Coffee on the prom Boardgame social Hoopla	Knitting club Exercise Bingo Thelwall theatre walking club	Exercise Crosswords Reminiscence ball games Sing along	Exercise News catchup Household tasks Dog bingo
26	27	28	29	30	31	
Sunday papers Movie & Chill Poem read & write Hand massages One to one	Exercise Fun facts Coffee on prom Ice cream bar Dance off	Exercise Dominos Baking Coffee afternoon One to one	Exercise Walking club Party with Vanessa in Tatton	Knitting club Exercise Household tasks Reminiscence game Squash and chat	Exercise Wordsearch Bar and quiz Dance hour	Exercise One to one Boardgame social sing along

Please remember:

All activities are subject to cancelation or change at any time (Residents will be informed of changes) This it to ensure we meet the needs of all our residents.

We currently have no trips booked, or entertainers booked for this month due to the COVID-19 virus.

If you do not see an activity you would like to try then let the team know!

All Main activities are running in Tatton Lounge unless we have a gorgeous sunny day, in which case we will run in the garden.