

Thelwall Grange Care home Activity Rota - December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sunday paper Church Movie and chill One to one	2 Exercise Turkey & tinsel lunch Annie 2pm Tatton Lounge	3 Exercise Turkey & tinsel lunch Bingo Pub quiz	4 Exercise Turkey & tinsel lunch Balloon tennis Reminiscence game	5 Exercise Turkey & tinsel lunch Sugar Cookie Baking Decorating our cookies	6 Exercise Turkey & tinsel lunch Arts & crafts Squash and chat	7 One to one Parachute games Scrapbooks
8 Sunday paper Church Movie and chill One to one	9 Exercise Turkey & tinsel lunch Name that Christmas tune Hot chocolate social	10 Exercise Turkey & tinsel lunch Baileys & chat Make your own ball balls	11 Exercise Turkey & tinsel lunch Christmas memories Making mince pies	12 Exercise Turkey & tinsel lunch Christmas bingo Antler ring toss	13 Turkey & tinsel lunch Exercise Christmas movies and drinks	14 One to one Balloon tennis Scrapbooks Squash and chat
15 Sunday paper Church Movie and chill One to one	16 Exercise Skittles Christmas sing along Trip to High leigh	17 Exercise Dominos Christmas photographs Antler ring toss	18 Exercise crosswords Making Christmas cards Church service 2pm	19 Exercise World news Christmas bingo Reminiscence	20 Christmas sun catchers Susan jay 2pm Squash and chat	21 Exercise Pub quiz Name that Christmas tune
22 Sunday paper Church Movie and chill One to one	23 Exercise Squash and chat Wrapping presents Make your own Cracker	24 Christmas movies Les Martin 2pm In Tatton One to one Vanessa Cooper 5.30	25 CHRISTMAS DAY	26 Exercise Tony Gibbons 2pm Tatton Squash	27 Exercise Dominos Wine and cheese tasting	28 One to one Scrapbooks Exercise Christmas movies
29 Sunday paper Church Movie and chill One to one	30 Exercise One to one Balloon tennis Parachute games	31 Exercise Squash and chat Annie Jay – 2pm				

